



# Nell Holcomb R-IV School

## September 2019

### Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		28 Cereal, cinnamon toast, fruit, & milk Teriyaki chicken, rice w/peas & carrots, pineapple, bread, & milk	29 Bagel, yogurt, fruit, & milk Vegetable soup, grilled cheese sandwich, peaches, & milk	30 Muffin, yogurt, fruit, & milk Hotdog on bun, baked beans, fried apples, & milk
2 No School Labor Day	3 Pancakes, sausage, fruit, & milk Crispito, nacho cheese, corn, applesauce, & milk	4 Honeybun, fruit, & milk Chicken patty on bun, baked beans, pears, chocolate chip cookie , & milk	5 Cereal, cinnamon toast, fruit, & milk Chili, peanut butter sandwich, peaches, & milk	6 Pop tart, sweet rice, fruit, & milk Pizza, corn, fruit salad, & milk
9 French toast sticks, fruit, & milk Chicken fries, baked beans, applesauce, bread, & milk	10 Biscuit w/gravy, sausage, juice/milk Cheeseburger on bun, French fries, mixed fruit, & milk	11 Cereal, cinnamon toast, fruit, & milk Chicken & noodles, green beans, peaches, hot roll, & milk	12 Bagel, fruit, & milk Tomato soup, grilled cheese, celery & carrot sticks, pears, & milk	13 Muffin, yogurt, fruit, & milk Fish sticks, potato tots, bread, pineapple, & milk
16 Pancakes, sausage, fruit, & milk Corndog, chips w/nacho cheese, peas, pineapple, & milk	17 Honeybun, fruit, & milk Buffalo chicken tenders, baked beans, fried apples, & milk	18 Cereal, cinnamon toast, fruit, & milk Baked ham, whipped potatoes, green beans, peach cup, hot roll, & milk	19 Scrambled eggs, toast, juice/milk Vegetable soup, grilled cheese sandwich, fruit, & milk	20 Breakfast pizza, fruit, & milk Ravioli, corn, pears, garlic bread, & milk
23 French toast sticks, fruit, & milk Burrito, cheese cup, black beans, pineapple, & milk	24 Biscuit w/gravy, sausage, juice/milk BBQ riblet on bun, baked beans, pears, & milk	25 Cereal, cinnamon toast, fruit, & milk Salisbury steak w/gravy, whipped potatoes, green beans, hot roll, & milk	26 Bagel, fruit, & milk Chili, peanut butter sandwich, peaches, & milk	27 Breakfast cookie, yogurt, fruit, & milk Pizza, corn, fruit, & milk
30 No School Teacher PD Day	<p>*Baby carrot sticks, broccoli florets, and dried fruit offered daily to all students. Cereal offered daily as an alternative to breakfast. * Salads offered daily to grades 6th through 8th. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin,</p>			